

**CERTIFICATE IN GENERAL DUTY
ASSISTANCE (CGDA)**

Term-End Examination

June, 2025

BHT-002 : BASIC NEEDS OF PATIENT CARE

Time : 3 Hours

Maximum Marks : 70

Note : *Attempt both Parts i.e. Part A and Part B.*

Part—A

Note : *Answer any **one** question within 1200 words.*

1. (a) Explain the meaning of health. 2
- (b) Describe dimensions of health. 4
- (c) Explain the factors influencing health of a person. 4

Or

2. (a) Describe the principles of clothing to be followed by GDA. 4

- (b) Explain the points to be kept in mind by GDA during dressing and undressing a person. 6

Part—B

Note : Answer any **ten** questions within **600 words each.**

3. (a) List the types of bath. 2
- (b) Describe the importance and purpose of bathing. 4
4. Explain the following :
- (i) Dental caries 2
- (ii) Tarter 2
- (iii) Bleeding gums 2
5. Describe the points to be observed by GDA for the care the contact lenses. 6
6. (a) Explain the meaning of bed sore. 1
- (b) List the sites of bed sores. 2
- (c) Describe the causes of bed sores. 3

7. Describe the sources and functions of the following nutrients :
- (i) Carbohydrate 2
 - (ii) Protein 2
 - (iii) Vitamin A 2
8. Explain the following diets with examples :
- (i) Clear Fluid Diet 3
 - (ii) Semi-Solid Diet 3
9. (a) Explain the meaning of Urinary Tract Infection (UTI). 2
- (b) List the signs and symptoms of UTI. 2
- (c) Describe the care of patient with UTI. 2
10. (a) Explain the need for oxygen administration. 3
- (b) Describe the safety measures to be followed by GDA while administration of oxygen. 3
11. Describe steps to collect urine sample of a patient. 6

12. Describe the principles of aseptic technique to be followed in Operation Theater by GDA.

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13. Explain the following :

(i) Direct contact transmission 3

(ii) Droplet transmission 3

14. Describe the general instructions for isolation to be followed by GDA in the hospital. 6

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