

No. of Printed Pages : 2

**BNS-108/BNS-208**

**POST BASIC B. SC. (NURSING)**

**[B. SC. (N) PB]**

**Term-End Examination**

**June, 2025**

**BNS-108/BNS-208 : MENTAL HEALTH**

**NURSING**

*Time : 3 Hours*

*Maximum Marks : 70*

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**Note :** Attempt *all* questions. Support your answer with examples from clinical settings. Word limit for questions carrying 2 marks **40-50** words; 3 marks **60-80** words; 4 marks **80-100** words; 5 marks **150-200** words; 8 marks **250-300** words; 10 marks **350-400** words.

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1. Describe the principles of Psychiatric nursing. 10

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2. (a) Differentiate between therapeutic and social relationship.  
(b) Discuss the factors affecting therapeutic relationship. 5+10=15
3. (a) Explain the difference between endogenous and exogenous depression.  
(b) Describe the nursing management of patient depression. 5+10=15
4. (a) Write the aims of National Mental Health Programme (NMHP).  
(b) Describe the role of nurse in secondary level of prevention of mental illness.  
5+10=15
5. Write short notes on any **three** of the following : 5×3=15
  - (a) Socio-cultural factors of mental illness
  - (b) Disorders of content of thought
  - (c) Post-Traumatic Stress Disorder (PTSD)
  - (d) Antipsychotic drugs

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