

No. of Printed Pages : 4

MCFT-001

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY/POST GRADUATE
DIPLOMA IN COUNSELLING AND
FAMILY THERAPY
(MSCCFT/PGDCFT)**

Term-End Examination

June, 2025

**MCFT-001 : HUMAN DEVELOPMENT AND
FAMILY RELATIONSHIPS**

Time : 3 Hours

Maximum Marks : 100

Note : Attempt any *five* questions in about
600-800 words each. All questions carry
equal marks.

1. Explain the concepts of social exchange theory. Discuss empirical applications of social exchange theory in family. 20
2. Explain the concept of family dynamics by using appropriate examples from the Indian context. 20
3. Discuss the functions of family in the Indian context with suitable examples. 20
4. Describe the developmental characteristics of pre-school children. Discuss the roles and responsibilities of families with pre-school children. 20
5. Critically analyse the psychosocial stages given by Erik Erikson. 20

6. Discuss the categories of multiple intelligence proposed by Gardner. 20
7. “Peer group exerts more pressure and demands more obedience from the teenagers.” Do you agree with this statement ? Support your argument with examples. 20
8. Discuss challenges and emerging issues concerning launching of children. Give examples from the Indian socio-cultural context to illustrate your answer. 20
9. Write short notes on any *four* of the following in about **150-200** words each :

4×5=20

(a) Sandwich generation

- (b) Successful ageing
- (c) The 'Original Sin' era
- (d) Defence mechanisms
- (e) Parenting style
- (f) Family values

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