

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY (MSCCFT)**

Term-End Examination

June, 2025

**MCFT-007 : COUNSELLING AND FAMILY
THERAPY : APPLICATIONS AND
INTERVENTIONS**

Time : 3 Hours

Maximum Marks : 100

Note : Answer any *five* questions. All questions carry equal marks. Answer each question in about **600-800** words.

1. Suppose you are a counsellor/family therapist. Discuss the key points that you would keep in mind when conducting counselling/therapy involving children and adolescents. 20

2. With the help of examples, discuss the causes of school difficulties due to psychological factors. 20
3. Describe the problem areas that may be faced by a beginner family therapist in the context of a joint/extended family. What strategies would you recommend for dealing with such situations ? 20
4. Analyse the various ways in which the child's chronic physical illness impacts the family. 20
5. Discuss the role of the family in substance use and its treatment. 20
6. Critically analyse the risk factors associated with self-harm and suicide. 20
7. Explain, giving examples, the elements of crisis/disaster counselling. 20
8. Describe the interface of gender and mental health and discuss its underlying factors. 20

[3]

9. Write short notes on any *four* of the following in about **150-200** words each :

5×4=20

- (a) The identified patient
- (b) Communication training
- (c) Complicating factors in divorce
- (d) Heterosexism
- (e) Parentified child
- (f) Key features of brief intervention

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