

No. of Printed Pages : 2

**MCFTE-001**

**MASTER OF SCIENCE IN  
COUNSELLING AND FAMILY  
THERAPY  
(MSCCFT)**

**Term-End Examination**

**June, 2025**

**MCFTE-001 : MARITAL AND FAMILY THERAPY  
AND COUNSELLING**

*Time : 2 Hours*

*Maximum Marks : 50*

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**Note :** Answer *three* questions in all. Q. No. 1 is compulsory. Q. Nos. 2 to 5 should be answered in about **450-500** words each.

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1. Write short notes in about **150-200** words each on any *four* of the following :  $4 \times 5 = 20$ 
  - (i) Attachment theory of foundations of EFT
  - (ii) Advantages of self-report scales

- (iii) Impact of clinical practice on research
  - (iv) Consequences of insensitive interviewing
  - (v) Terminating sessions
  - (vi) Circular questions
2. What are the goals of Emotion Focused Therapy ? Giving examples, explain the process of EFT. 15
  3. Discuss psychological factors that contribute to sexual dysfunctions. 15
  4. Suppose you are a marital therapist and a newly married couple has come to you for help. Describe the areas of marital enrichment that you would focus on. Give reasons and examples to support your answer. 15
  5. Explain the differences in qualitative and quantitative approaches to research. Give examples to support your answer. 15

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