

**POST GRADUATE DIPLOMA IN
GERIATRIC MEDICINE (PGDGM)**

Term-End Examination

June, 2025

MME-004 : BASIC GERIATRICS

Time : 3 Hours

Maximum Marks : 70

Note : (i) *All questions are compulsory.*

(ii) *Question Nos. 1 to 3 are to be answered within 1000 words.*

(iii) *Each short note of question no. 4 is to be answered within 300 words.*

1. Describe the physiological and structural changes leading to alteration in diet among the elderly individuals. What are the rules for formulating diet for the elderly persons ? Discuss the value of anti-oxidants in food.

6+4+5

2. Define rehabilitation. Write briefly on various types of rehabilitation. What are the strategies for carrying out rehabilitation programmes ? 2+8+5
3. Discuss the steps involved in health education. What are the approaches for changing behaviour for better health ? Write briefly on the specific issues in health education for the elderly persons. 9+2+4
4. Write short notes on the following : 5×5=25
- (a) Social and economic outcomes of demographic transition
 - (b) Types and criteria for screening of diseases
 - (c) Role of non-governmental agencies in geriatric care
 - (d) Principles of homeopathy and its role in diagnosis and treatment of diseases
 - (e) Speech and hearing disability in the elderly individuals

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