

No. of Printed Pages : 3

**MPC-051**

**POST GRADUATE DIPLOMA IN  
MENTAL HEALTH (PGDMH)**

**Term-End Examination**

**June, 2025**

**MPC-051 : FUNDAMENTALS OF MENTAL  
HEALTH**

*Time : 3 Hours*

*Maximum Marks : 100*

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***Note : All Sections are compulsory.***

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**Section—A**

***Note : Attempt any **two** of the following questions in about **600** words each.***

2×20=40

1. Define mental health and elucidate the various models of mental health. 4+16

2. Explain family perspectives of mental health issues. Describe the role of family in mental illness. 20
3. Discuss the behavioural school of thought. Elaborate classical and operant conditioning. 8+12

### Section—B

**Note :** Attempt any *five* of the following questions in about **250** words each.

5×10=50

4. Discuss Erikson's theory of psychosocial development. 10
5. Discuss the elusive nature of abnormality. 10
6. Discuss genes, environment and psychological disorders. 10
7. Discuss caregivers burden in catering to mentally ill persons. 10
8. What are the cultural contexts of understanding mental illness ? 10
9. Define conation. Discuss the phases of conative style and impact of conation. 3+7

**Section—C**

**Note :** Write in about **100** words each on any  
**two** of the following questions.     2×5=10

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|-----------------------------|---|
| 10. Delirium                | 5 |
| 11. Social constructionism. | 5 |
| 12. The Neural Network.     | 5 |

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