

**POST GRADUATE DIPLOMA IN
MENTAL HEALTH (PGDMH)
Term-End Examination
June, 2025**

MPC-054 : SERVICES FOR THE MENTALLY ILL

Time : 3 Hours

Maximum Marks : 100

Note : *All Sections are compulsory.*

Section—A

Note : *Answer any **two** of the following questions
in about **600** words each.* **2×20=40**

1. Explain the stigma and discrimination with regard to mental illness. Describe the strategies to promote social responsibility and stigma reduction. **5+15**

2. Differentiate among counselling, guidance and psychotherapy. Describe various counselling skills. 5+15
3. Explain the meaning and process of documentation in mental health. 20

Section—B

Note : Answer any *five* of the following questions in about **250** words each. 5×10=50

4. Describe confidentiality, privacy and competence in the context of rights of persons with mental illness. 10
5. Explain the Domestic Violence Act. 10
6. Explain the principal methods used in community research. Describe the importance of community based research. 10
7. Describe social skills training with a focus on its steps. 10

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8. Explain the non-specific factors that influence the outcomes of psychotherapy. 10
9. Describe how positive mental health can be promoted at community and individual levels. 10

Section—C

Note : Write short notes on any **two** of the following in about **100** words each.

2×5=10

10. Satellite clinics 5
11. ABC model of REBT 5
12. Vocational rehabilitation 5

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