

No. of Printed Pages : 3

**MPCE-013**

**MASTER OF ARTS**

**(PSYCHOLOGY)**

**(MAPC)**

**Term-End Examination**

**June, 2025**

**MPCE-013 : PSYCHOTHERAPEUTIC METHODS**

*Time : 2 Hours*

*Maximum Marks : 50*

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***Note :*** *All Sections are compulsory.*

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**Section—A**

***Note :*** *Answer any **two** of the following questions in about **450** words each.*

1. Explain cognitive behaviour therapy. 10
2. Describe the history, principles and settings in group psychotherapy. 10

3. Discuss the principles of operant conditioning and its application in therapy. 10
4. Discuss the object relations theory. 10

### Section—B

**Note :** Answer any **four** of the following questions in about **250** words each.

5. Describe psychotherapy in demotion. 6
6. Describe ego defense mechanisms with examples. 6
7. Describe the features of short-term therapy. 6
8. Discuss the use of psychotherapy with cancer patient. 6
9. Explain psychodynamic play therapy. 6

**Section—C**

**Note :** Write short notes on any **two** of the following in about **100** words each.

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|----------------------|---|
| 10. Stages of dying. | 3 |
| 11. Empathy          | 3 |
| 12. Extinction.      | 3 |

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