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MPCE-021

**MASTER OF ARTS IN
PSYCHOLOGY
(MAPC)**

Term-End Examination

June, 2025

MPCE-021 : COUNSELLING PSYCHOLOGY

Time : 2 Hours

Maximum Marks : 50

Note : All Sections are compulsory.

Section—A

Note : Answer any two of the following questions in about 450 words each.

2×10=20

1. Discuss the causes and treatment of eating disorders. 6+4

2. Explain the therapeutic process in solution-focused counselling. 10
3. Describe the stages and techniques in drama therapy. 10
4. Discuss the need and scope of educational and vocational counselling. 10

Section—B

Note : Answer any **four** of the following questions in about **250** words each.

4×6=24

5. Explain the nature of personality disorders and describe its causes. 2+4
6. Discuss the causes of depression. 6
7. Define ethics. Explain the ethical principles of counselling. 2+4
8. Describe Gestalt approach to counselling. 6
9. Explain the treatment for addiction and anxiety. 6

[3]

Section—C

Note : Write short notes on any **two** of the following in about **100** words each. 2×3=6

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|---|---|
| 10. Antisocial personality disorder. | 3 |
| 11. Ego-defense mechanisms. | 3 |
| 12. Core conditions in person-centered counselling. | 3 |

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