

**CERTIFICATE IN GENERAL
DUTY ASSISTANCE**

(CGDA)

Term-End Examination

June, 2026

BHT-002 : BASIC NEEDS OF PATIENT CARE

Time : 3 Hours

Maximum Marks : 70

Note : (i) **Part-A** : Attempt any **one** question
within **1200** words.

(ii) **Part-B** : Attempt any **ten** questions
within **500** words.

Part—A

1. (a) Explain the meaning of health. 2
(b) Describe the factors influencing health. 8

Or

2. (a) Describe the dimensions of health. 8
(b) Describe the characteristics of a
mentally healthy person. 2

Part—B

3. (a) Explain the following :
(i) Complete bed bath 2
(ii) Partial bath 2
(b) List the purposes of bath. 2
4. (a) List the aims of mouth care. 2
(b) Explain the meaning of the following :
(i) Halitosis 2
(ii) Calculus or Tarter 2
5. (a) Describe the guidelines for cleaning dentures. 3
(b) Discuss the material to be avoided for denture care. 3
6. (a) Describe the care of eye of a patient. 3
(b) Describe the points to keep in mind while taking care of contact lens. 3
7. (a) List the causes of pediculosis capitis. 2

- (b) Enlist the symptoms of pediculosis capitis. 2
- (c) Discuss the treatment of pediculosis capitis. 2
8. List the sources of the following nutrients and minerals : 1 each
- (i) Protein
 - (ii) Vitamin C
 - (iii) Vitamin B
 - (iv) Calcium
 - (v) Iron
 - (vi) Sodium Chloride
9. Describe the general points to be kept in mind while feeding the patient. 6
10. List down the physical characteristics of the following to be observed and report by GDA :
- (i) Urine 3
 - (ii) Feces 3

11. (a) Explain the meaning of hot application.
(b) List the indications for hot application.
(c) Describe the complications due to heat therapy. 2+2+2
12. Describe the procedure of preparing a patient for operation theater. 6
13. (a) Explain the meaning of the following : 2+2
- (i) Intensive care
(ii) Self care
- (b) Describe the functions of GDA in assisting management of patient in coronary care unit. 2
14. (a) Explain the meaning of the following : 2+2
- (i) Isolation
(ii) Isolation technique
- (b) Describe purposes of isolation of patient in the ward. 2

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