

**POST BASIC BACHELOR OF
SCIENCE (NURSING)**

[B. SC. (N) PB]

Term-End Examination

June, 2026

BNS-208 : MENTAL HEALTH NURSING

Time : 3 Hours

Maximum Marks : 70

Note : (i) *Attempt all questions.*

(ii) *Attempt all parts of a question at one place.*

Follow words limit :

1-2 Marks : **20-40** Words

3-4 Marks : **50-90** Words

5-6 Marks : **100-200** Words

7-10 Marks : **300-800** Words

1. (a) Describe causative factors of mental disorders.
(b) Discuss the principles of psychiatric nursing. 7+8
2. (a) Define Schizophrenia.
(b) Explain the signs and symptoms of Schizophrenia.
(c) List the types of Schizophrenia.
(d) Describe the Nursing management of a patient with Schizophrenia.
1+3+3+8
3. (a) Define Obsessive-Compulsive Disorder (OCD).
(b) Enlist common obsessions and common compulsions.
(c) Nursing management of a patient with OCD. 2+2+6
4. (a) Define Psychiatric emergency.
(b) Describe basic principles of psychiatric emergency.
(c) Discuss the nursing intervention in attempted suicide. 2+6+7

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5. Write short notes on any *three* of the following : 3×5=15

- (a) Nursing management of a patient with Mania.
- (b) Management of a child with Attention Deficit Hyperactive Disorder (ADHD).
- (c) Disorders in Progression of thought.
- (d) Scope of Mental Health Psychiatric Nurse.

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