

No. of Printed Pages : 3

BPCE-013

**BACHELOR'S DEGREE
PROGRAMME (B. A. PSYCHOLOGY)
(BDP)**

Term-End Examination

June, 2026

BPCE-013 : MOTIVATION AND EMOTION

Time : 2 Hours

Maximum Marks : 50

Note : *All Sections are compulsory.*

Section—A

Note : *Answer any **two** of the following questions in about **450** words each.*

2×10=20

1. Define and elucidate the meaning of emotion. Describe the non-verbal expression of emotion. 4+6

2. Elucidate the different types of curiosity and explain control as a factor influencing individual motivation. 5+5
3. Explain the concepts of extrinsic and intrinsic motivation. Describe the methods to increase intrinsic motivation. 6+4
4. Define Stress. Describe the treatment and prevention of stress and anxiety. 3+7

Section—B

Note : Answer any **four** of the following in about **250 words each**. 4×6=24

5. Describe Maslow's hierarchy of needs. 6
6. Describe various methods of motivating employees. 6
7. Differentiate between emotion and feeling. Indicate the approaches to study affectionate communication. 6
8. Define arousal and describe its characteristics. 6
9. Describe the alternatives to inverted 'U' theory. 6

[3]

Section—C

Note : Write short notes on any **two** of the following in about **100** words each.

2×3=6

- | | |
|---------------------------------|---|
| 10. Lazarus's cognitive theory. | 3 |
| 11. Autonomic Nervous System. | 3 |
| 12. Categories of Motives. | 3 |

× × × × ×