

No. of Printed Pages : 3 **CNS-AH-002**

**CERTIFICATE IN ADOLESCENT
HEALTH AND COUNSELLING
(CAHC)**

**Term-End Examination
June, 2026**

**CNS-AH-002 : ISSUES AND CHALLENGES
DURING ADOLESCENCE**

Time : 3 Hours

Maximum Marks : 70

Note : (i) *Attempt all questions.*

(ii) *Attempt all parts of a question at one place.*

(iii) *Follow the word limit as given :*

1-2 marks within 20-40 words

3-4 marks within 50-90 words

5-6 marks within 100-200 words

7-10 marks within 300-800 words.

1. (a) Explain the meaning of the following terms :

(i) Substance Abuse

(ii) Withdrawal Symptoms

(b) Describe the following :

(i) Prevention of substance abuse

(ii) Management of substance abuse

2+2+3+3

2. (a) Explain the types of bullying.

(b) Describe the role of a teacher in dealing with bullying. 3+7

3. (a) Describe the cause of violence.

(b) Discuss the role of parents in prevention and control of violence. 4+6

4. (a) Explain the meaning of unsafe abortion.

(b) Describe the consequences of unsafe abortion.

(c) Discuss role of teacher in providing information regarding unsafe abortion.

2+3+5

5. (a) Describe the skills required for a teacher to be a effective communicator.

(b) Enlist do's and don'ts for communication with adolescents. 6+4

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6. Write short notes on any *four* of the following : 4×5=20

- (a) Zero-size good or bad for health
- (b) Prevention of suicide
- (c) Media and Gender
- (d) Risk associated with adolescent pregnancy
- (e) Attributes of a counsellor
- (f) Study skills

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