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MCFT-001

**MASER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY/POST GRADUATE
DIPLOMA IN COUNSELLING AND
FAMILY THERAPY
(MSCCFT/PGDCFT)**

Term-End Examination

June, 2026

**MCFT-001 : HUMAN DEVELOPMENT AND
FAMILY RELATIONSHIPS**

Time : 3 Hours

Maximum Marks : 100

Note : (i) Attempt any **five** questions in about
600 words each.

(ii) All questions carry equal marks.

1. (a) Explain any *two* types of defense mechanisms. 10
- (b) Discuss some of the examples of defense mechanisms you use in day to day life. 10
2. Discuss the stages of human life span from :
10+10=20
 - (i) International perspective
 - (ii) Indian perspective
3. Define 'Family Dynamics'. With the help of examples, discuss the factors that influence family dynamics. 20
4. Explain assumptions, concepts, variants and empirical applications of feminist *or* bio-ecological theory from the perspective of the family. 20

5. Discuss the challenges and emerging issues in the beginning families in the Indian socio-cultural context. 20
6. Explain the factors affecting parenting styles in India. Discuss consequences of each parenting style on children. 20
7. Describe the roles and responsibilities of families with teenagers in India in the present times. Support your answer with relevant examples. 20
8. Discuss the major areas of psychosocial adjustment in the ageing family in your region. 20
9. Write short notes, in about **150** words each, on any *four* of the following : 4×5=20
 - (i) Midlife issues

- (ii) Empty nest syndrome
- (iii) Neolocal family
- (iv) Importance of family and teachers
working together
- (v) Chromosomal abnormalities
- (vi) Re-constituted families

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