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MCFT-002

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY/POST GRADUATE
DIPLOMA IN COUNSELLING AND
FAMILY THERAPY
(MSCCFT/PGDCFT)**

Term-End Examination

June, 2026

**MCFT-002 : MENTAL HEALTH AND
DISORDERS**

Time : 3 Hours

Maximum Marks : 100

Note : (i) *Attempt any **five** questions in about
600 words each.*

(ii) *All questions carry equal marks.*

1. Discuss subjective variables influencing an individual's psychological response to a given illness. 20

2. Explain what do you understand by positive mental health. Describe any *two* models of positive mental health. 20
3. Explain how would you examine a patient with any *one* cognitive disorder in detail. 20
4. What types of substance use are present in India ? Discuss the consequences of substance use. 20
5. Discuss guiding principles of psychosocial rehabilitation for mental illness patients. 20
6. Distinguish among disability, handicap and impairment. Discuss the causes of disability. 20
7. Describe the role of early childhood experiences and family environment in the development of personality disorders. 20
8. Describe any *two* specific developmental disorders that may be present in young children. 20

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9. Write short notes, in about **150** words each,
on any *four* of the following : 4×5=20

- (i) Deaf blindness
- (ii) Normal grief
- (iii) Signs and symptoms of polio
- (iv) Psychosis
- (v) Oppositional defiant disorder

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