

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY (MSCCFT)
Term-End Examination**

June, 2026

MCFT-006 : APPLIED SOCIAL PSYCHOLOGY

Time : 3 Hours

Maximum Marks : 100

Note : (i) *Attempt any **five** questions in about
600 words each.*

(ii) *All questions carry equal marks.*

1. Discuss the basic modes of social thinking.
Give examples to substantiate your answer.
20
2. Explain the conceptualization of Psycho-
physiological disorders. Analyse
management of emotions to foster well-
being. 20

3. With the help of examples, discuss factors located in the home and parenting climate that promote positive Psychosocial development in children and youth. 20
4. Explain "Family cohesion". Analyse the features of Indian families that affect cohesion. Give examples to substantiate your answer. 20
5. Giving examples, discuss how work impacts personal life decisions and spills over family life. 20
6. What do you understand by interpersonal communication ? State the principles and functions of non-verbal communication. 20
7. Distinguish between 'gender identity' and 'sexual identity'. Define any *five* terms used to describe sexual identity. Do you think there are widespread changes in the sexual aspects of the lives of young people today ? Give reasons to substantiate your answer.

20

[3]

8. Discuss, giving examples, the factors which influence compatibility and adjustment in the marital/couple relationship. 20
9. Write short notes, in about **150** words each, on any ***four*** of the following : 4×5=20
- (i) Classical conditioning and personality development
 - (ii) Heuristics
 - (iii) Social learning theory of aggression
 - (iv) Importance of resilience
 - (v) Approach avoidance conflict
 - (vi) Role of family in enhancing well-being

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