

No. of Printed Pages : 2

MCFTE-001

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY
(MSCCFT)**

Term-End Examination

June, 2026

**MCFTE-001 : MARITAL AND FAMILY THERAPY
AND COUNSELLING**

Time : 2 Hours

Maximum Marks : 50

Note : Answer *three* questions in all. Q. No. 1 is compulsory. Answer any *two* questions from Q. Nos. 2 to 5 in about **450-500** words each.

1. Write short notes in about **150-200** words each, on any *four* of the following : 4×5=20
 - (i) Reframing behaviours and needs
 - (ii) Neutrality

- (iii) Active listening
 - (iv) Ethical issues in using assessment tools
 - (v) Avoidant attachment
 - (vi) Disadvantages of self-report scales
 - (vii) Psychological factors that contribute to sexual dysfunctions
2. What is the importance of circular questioning ? Discuss the various types of circular questions. 15
 3. Explain why marital enrichment is typically conducted for couples in the initial stages of marital life. Describe the guidelines that a counsellor should follow for conducting marital enrichment. 15
 4. Discuss any *three* behavioural skills used for family assessment. 15
 5. Describe the techniques that you, as a therapist, are likely to use for encouraging the couple to engage with emotions. Give examples to support your answer. 15

x x x x x