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MCFTE-002

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY
(MSCCFT)**

Term-End Examination

June, 2026

**MCFTE-002 : CHILD AND ADOLESCENT
COUNSELLING AND FAMILY THERAPY**

Time : 2 Hours

Maximum Marks : 50

Note : Answer *three* questions in all. Q. No. 1 is compulsory. Answer any *two* questions from Q. Nos. 2 to 5 in about **500** words each.

1. Write short notes on any *four* of the following in about **150** words each : $4 \times 5 = 20$
 - (i) Impact of dysfunctional family on the child

- (ii) Importance of resilience
 - (iii) Play and cognitive development
 - (iv) Meaning of life skills
 - (v) Child centered play therapy
 - (vi) Cooperative learning
 - (vii) High risk behaviour among children
2. Discuss the effects of media on children and adolescents in the present day scenario. 15
 3. Explain the cognitive behaviour therapy process while dealing with young adolescents using substances. 15
 4. With the help of examples, analyse family coping styles in children and adolescents. 15
 5. What is Psychological Assessment ? Why do we need psychological assessment for children and how is it different from that of adults ? 15

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