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MCFTE-003

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY
(MSCCFT)**

**Term-End Examination
June, 2026**

**MCFTE-003 : SUBSTANCE ABUSE
COUNSELLING AND FAMILY THERAPY**

Time : 2 Hours

Maximum Marks : 50

Note : Answer *three* questions in all. Q. No. 1 is compulsory. Answer any *two* questions from Q. Nos. 2 to 5 in about *500* words each.

1. Write short notes on any *four* of the following in about **150** words each :

4×5=20

- (i) The family roles in the context of substance abuse

- (ii) Substance abuse among prisoners
 - (iii) Opioid substitution therapies
 - (iv) Motivational interviewing
 - (v) Salience of relapse prevention intervention
 - (vi) Counselling for tobacco cessation
 - (vii) Behavioural contracting
2. List the important areas for Psychosocial assessment. Describe the scope of Psychosocial rehabilitation with reference to substance use disorder. 15
 3. Analyse the concept of harm reduction and the various strategies for preventing HIV among drug users. 15
 4. In the context of substance use, discuss the risk and protective factors with reference to adolescents. 15
 5. Outline any *three* approaches to family therapy which can be used in the context of substance use. 15

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