No. of Printed Pages : 3

MPC–051

POST GRADUATE DIPLOMA IN MENTAL HEALTH (PGDMH)

Term-End Examination

June, 2026

MPC-051 : FUNDAMENTALS OF MENTAL HEALTH

Time : 3 Hours *Maximum Marks : 100*

Note : *All Sections are compulsory.*

Section—A

Note : *Answer any* ***two*** *of the following questions in about* ***600*** *words each.*

2×20=40

1. Discuss the concept of mind in detail as given in Ayurveda. 20

2. Explain Erich Fromm's conceptualization of human behaviour in term of escape from freedom and social unconsciousness, family human needs. 20
3. Discuss the role of family in mental health and mental illness. 20

Section—B

Note : *Answer any* ***five*** *of the following questions in about* ***250*** *words each.*

5×10=50

4. Discuss the concept of mind and mental health. 10
5. Explain the general cognitive functions of attention, executive functions, memory and language. 10
6. Explain immigration and acculturation and their impact on mental health. 3+7
7. Discuss the sociological theories related to mental health. 10
8. Describe Piaget's theory of cognitive development. 10

9. Explain Roger's person-centred theory. 10

Section—C

Note : *Write short notes on any* ***two*** *of the following in about* ***100*** *words each.*

2×5=10

10. Findings from neuropsychology to understand the basis of mind 5

11. Defense mechanisms 5

12. Functions of the Neurons 5

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