

**POST GRADUATE DIPLOMA IN
MENTAL HEALTH
(PGDMH)**

Term-End Examination

June, 2026

MPC-052 : MENTAL DISORDERS

Time : 3 Hours

Maximum Marks : 100

Note : All Sections are compulsory.

Section—A

Note : Answer any **two** questions from the following in about **600** words each.

2×20=40

1. Explain normal thought process highlighting its characteristics and components. Describe the divisions of disorders of thinking. 10+10

2. Elucidate the need to measure the burden of disease. Discuss the global burden of disease due to mental illness. 8+12
3. Explain the objectives and types of psychological assessment. 20

Section—B

Note : Answer any *five* questions from the following in about **250** words each.

5×10=50

4. Discuss the course and outcome of mood disorders. 10
5. Discuss any *two* domains in which people with mental disorders experience disability. 5+5
6. Differentiate between mental health and mental illness. Discuss the need and principles of classification of mental disorders. 3+7
7. Describe the signs and symptoms of a manic episode. Explain psychosocial treatment of mood disorders. 4+6

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8. Explain the elements and techniques of history taking. 4+6
9. Describe the routine lab tests for health screening of a person with mental illness. 10

Section—C

Note : Write short notes on any **two** from the following in about **100** words each.

2×5=10

10. Behavioural disorders in children 5
11. Biases in epidemiological studies 5
12. Persistent delusional disorder 5

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