

No. of Printed Pages : 3

MPC-053

**POST GRADUATE DIPLOMA IN
MENTAL HEALTH
(PGDMH)**

Term-End Examination

June, 2026

**MPC-053 : MENTAL HEALTH IN SPECIAL
AREAS**

Time : 3 Hours

Maximum Marks : 100

Note : All Sections are compulsory.

Section—A

Note : Answer any two of the following questions in about 600 words each.

2×20=40

1. Describe the assessment and management of mental disorders in the elderly. 20

2. Discuss the factors affecting mental health in women. 20
3. Describe the learning and behavioural problems in school children. 10+10

Section—B

Note : Answer any **five** of the following questions in about **250** words each.

5×10=50

4. Explain the concept of rehabilitation. Describe the goals, purposes and principles of rehabilitation. 10
5. Describe dementia and cognitive disorders in the elderly. 10
6. Discuss the risk factors for mental health and describe workplace mental health policy. 10
7. Describe the causes and functions served by self-harm. 10

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8. Describe learning disorder, motor skills disorder and communication disorder in children. 10
9. Describe the types of behavioural addiction. 10

Section—C

Note : Write short notes on any **two** of the following in about **100** words each.

2×5=10

10. Conduct disorder 5
11. 12-Step facilitation therapy 5
12. Motivational enhancement therapy 5

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